



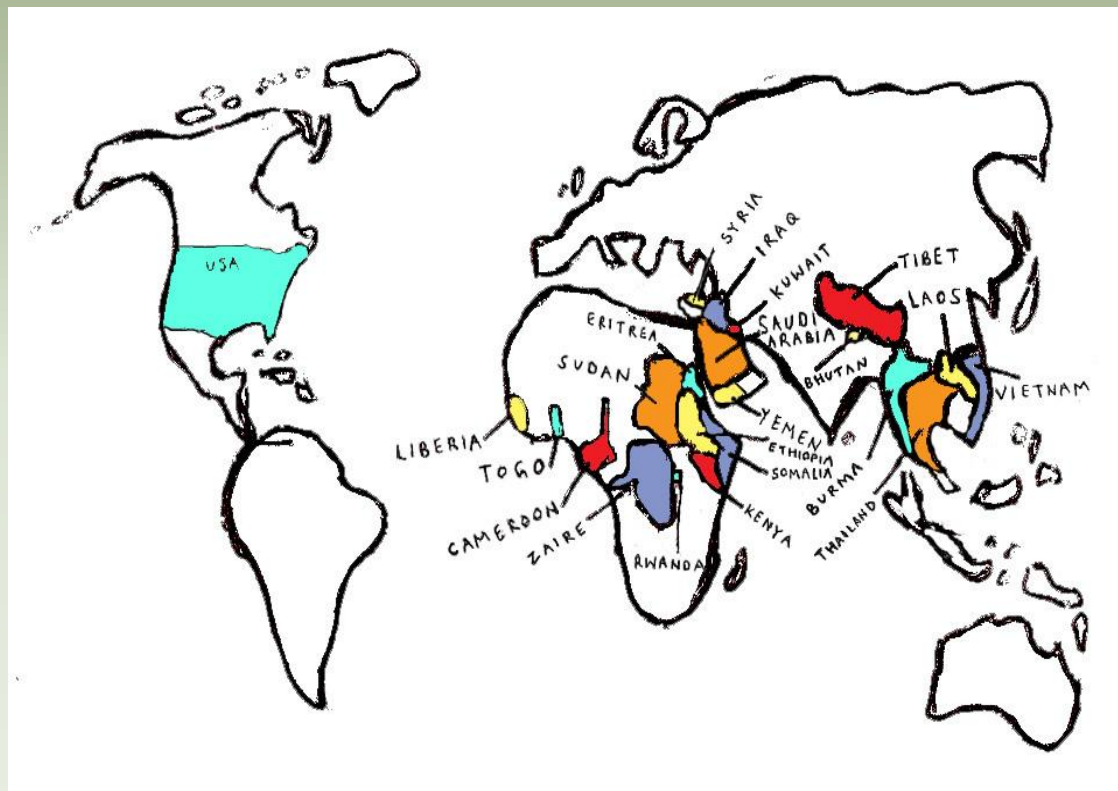
Healthy Housing, Healthy Communities

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CAPI

*Mission: To guide refugees and immigrants
in the journey toward
self-determination and social equality*

Refugees coming from:



Arabic 2
Bhutanese/Nepali/Tibetan 77
Caucasian 42
Ethiopian/Oromo 172
Hispanic 2
Hmong 1231
Indian 2
Iraqi 2
Lao/Cambodian 149
Native American 1
Somali 686
Sudanese 3
Thai 1
Vietnamese 309
West African 19
Total : 2698

Organization's Core Programs & Services

Employment and Training

Food Access and Nutrition

Health and Human Services

Civic Engagement and Community Development



SHIP (Statewide Health Improvement program)

Goal:

- Implement smoke free policy at MPHA(Minneapolis Public Housing Authority) and
- Implement a Health Housing, Physical activity, and access to healthy food at two housing sites.

The implementation involved collaboration with a variety of partners and stakeholders: residents, property managers, community-based organizations, community leaders, and MDHFS (Minneapolis Department of Health and Family Services), community parks and schools

Strategies that really worked...

- Building relationships with a variety of key stakeholders including residents and resident organizations, property managers and administration, and community-based organizations



- Engaging stakeholders through a variety of methods including conducting assessments, surveys and community events, interviews, door knocking, organizing community meetings to incorporate their input in the implementation process

- Educating residents and property managers to increase awareness about policy initiatives to reduce tobacco use and impact of second hand smoke.



Multi-Cultural Approach

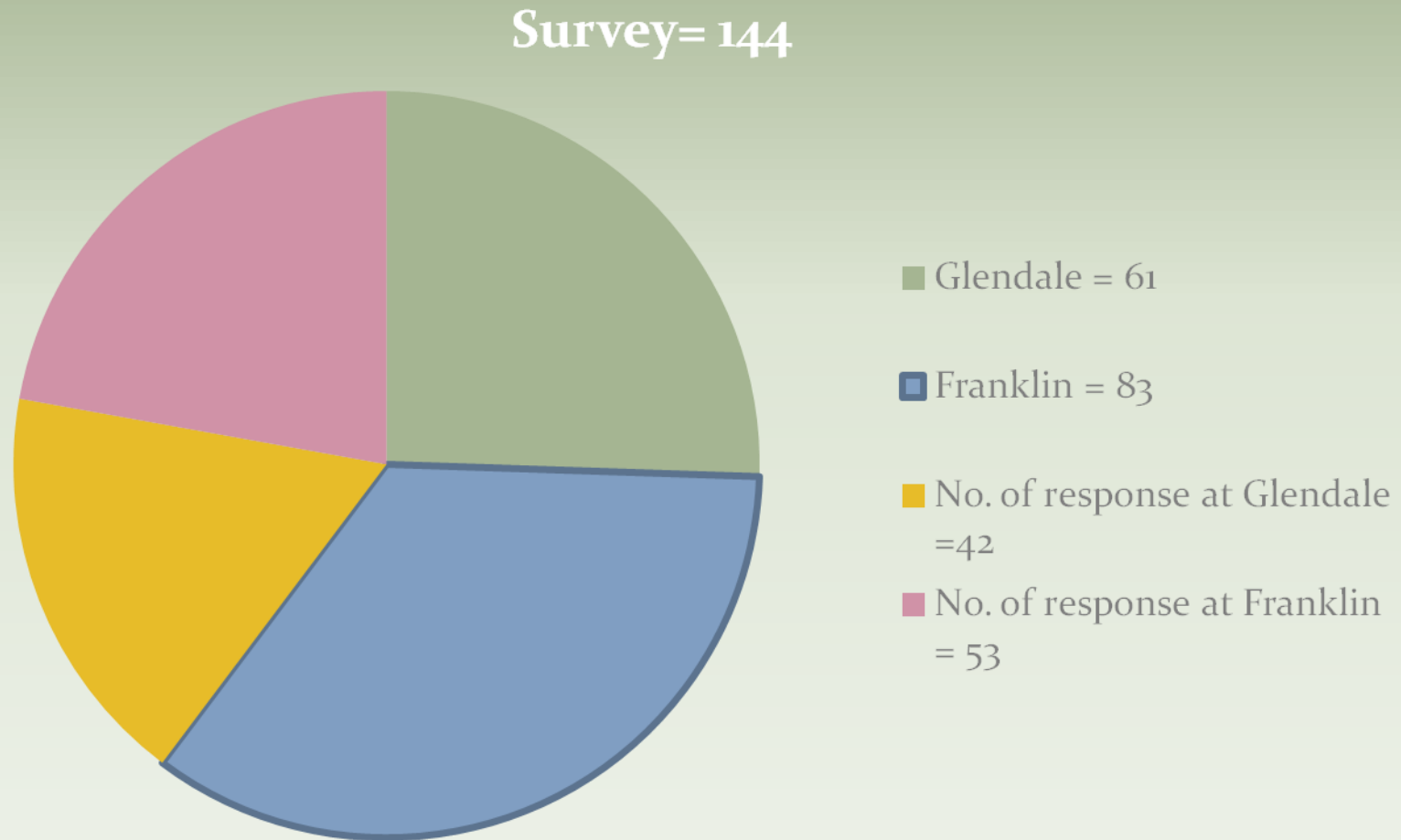
- Diverse population
- Cultural differences and values
- Bring everyone for a common goal “*Impact of second-hand smoke*”
- Ongoing process...

Target Population

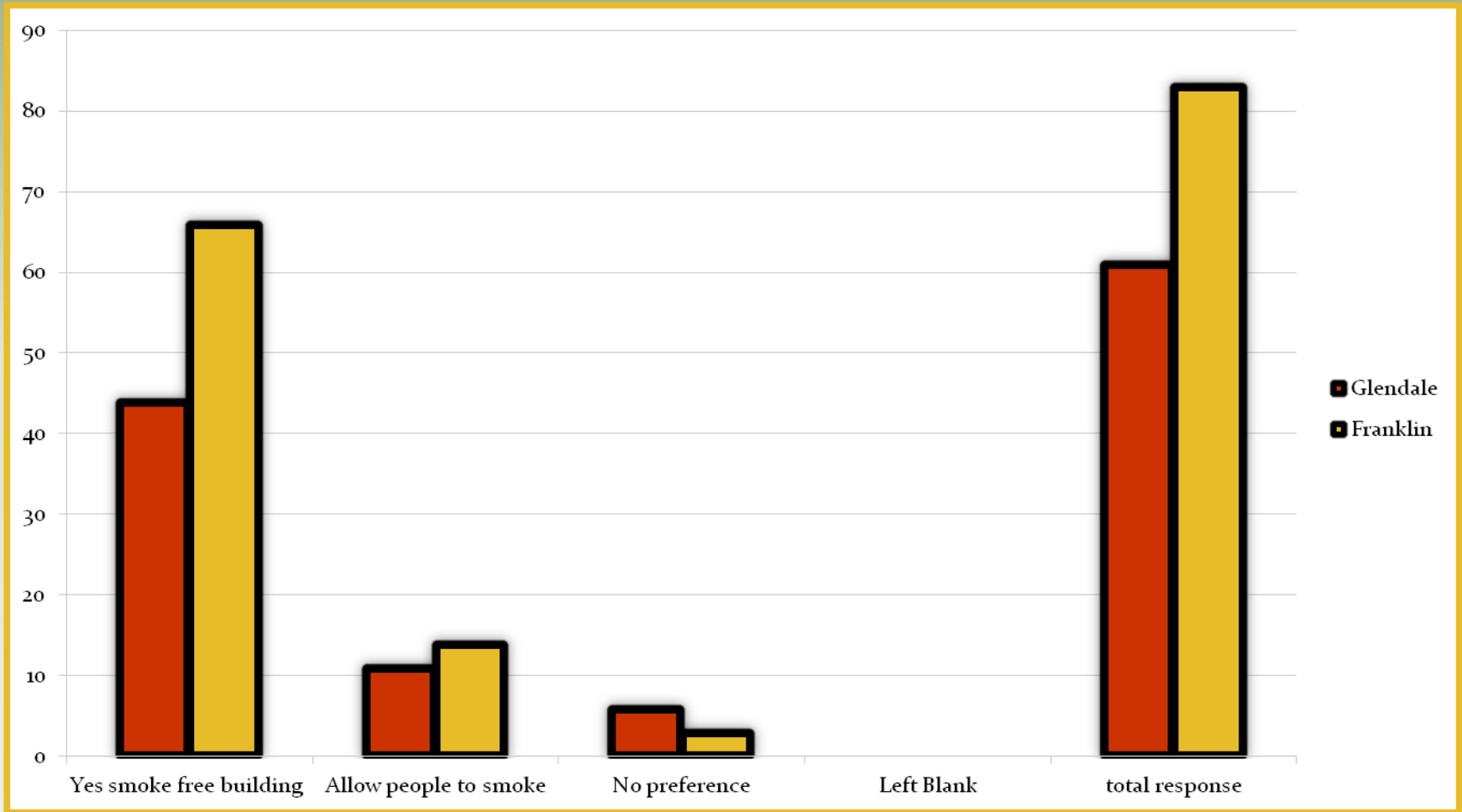
- Refugees and Immigrants
- Mainstream
- Low-income families
- Youth and children



No. of smoke-free surveys completed at two housing sites



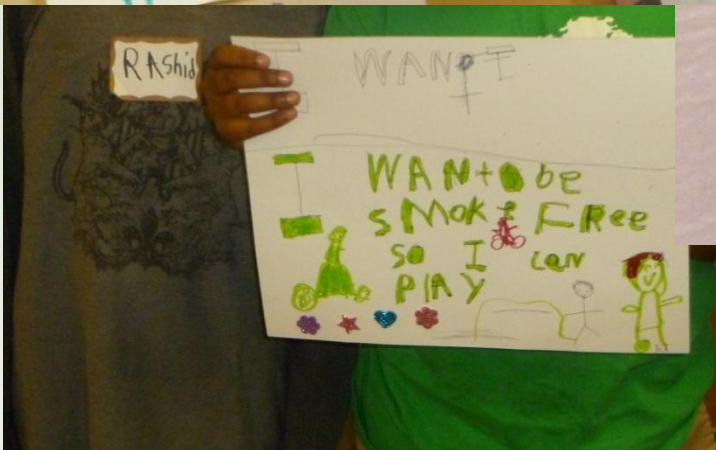
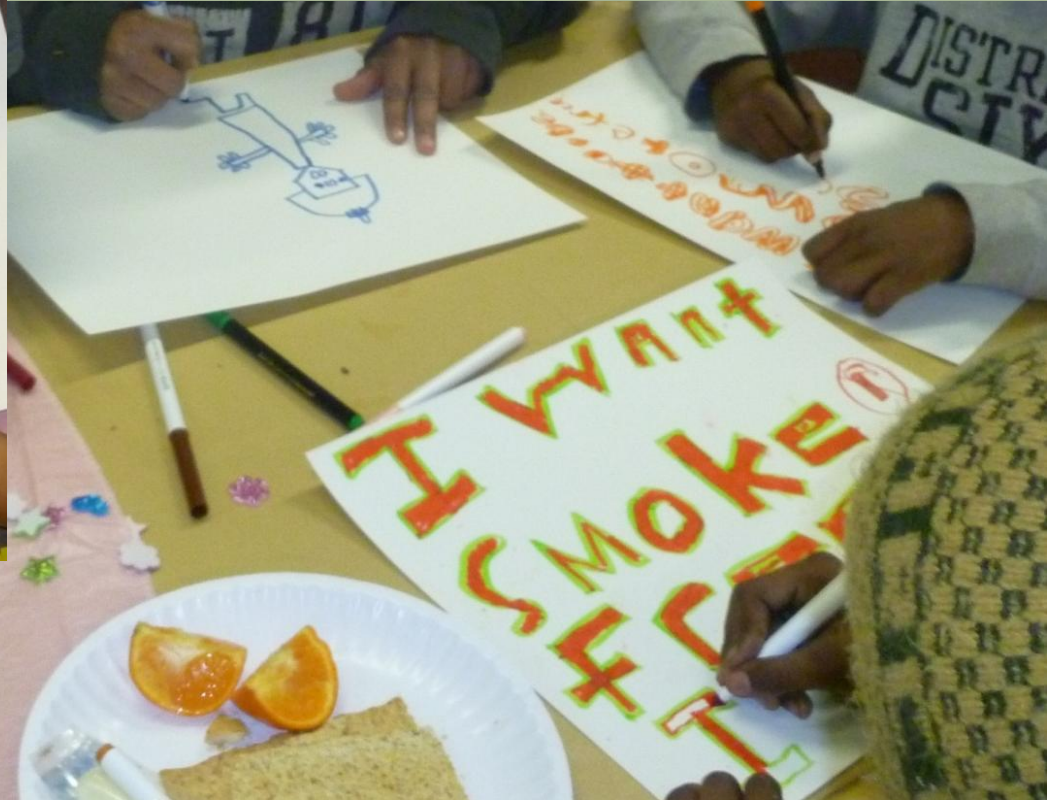
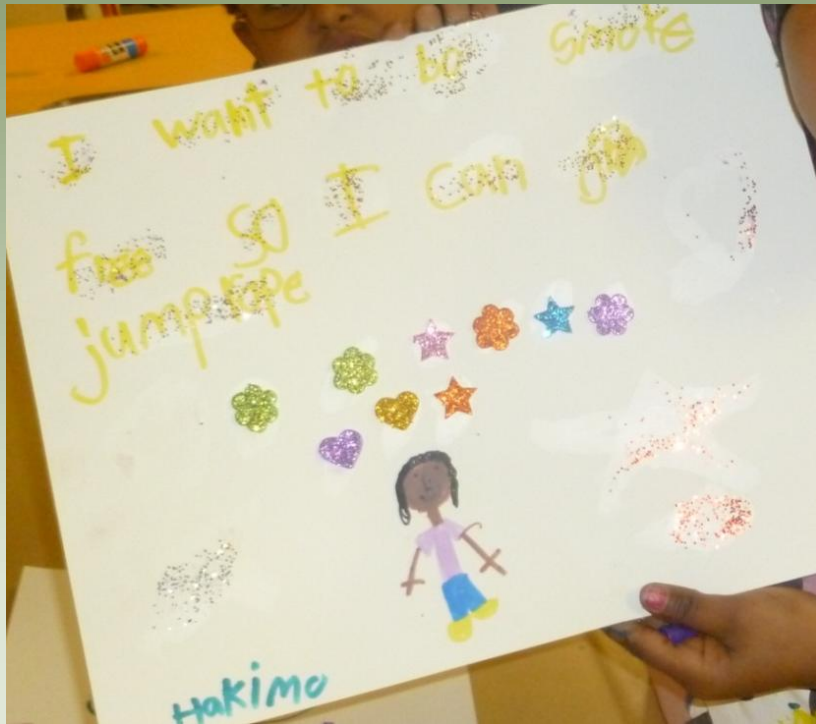
No. of residents that Prefer Smoke- Free Buildings-both sites



Results....



- Residents in favor of implementing a smoke-free policy – 72% at Glendale and 79% at Franklin Terrace



Youth Art Project

Accomplishment....

- This success was a testament to CAPI's ability to engage multi-cultural (Oromo, Somali, Hmong, mainstream) residents at both sites. Once residents started to care about the issue, CAPI's persistence with property management paid off and resulted in beneficial policy change.
- At Glendale: 4 buildings, 22 units total, smoke free effective August 1, 2011 .
- On June 21st, residents in these units signed lease addendums agreeing not to smoke in their apartments.

Continued...

- At Franklin Terrace, a new policy bans smoking for residents,
 - Grandfather clause that allows existing residents an exemption from the policy.
 - Residents signing new leases in the building are not allowed to smoke.

Challenges and Strengths:

- Nature of SHIP project was challenging for CAPI
- Our different approaches:
 - focused on mobilizing the assets of community
 - Training staff capacity (city of Minneapolis and ANSR*)
- CAPI learned a lot about community engagement and outreach through City of Minneapolis trainings and by simply doing the work.
- CAPI has expanded its scope to include community engagement as well as direct service work.
- Diversity of community we serve became a strength

*(Association for Nonsmokers)

Community Speaks out...





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