

LIVER CANCER IN ASIAN AMERICAN, NATIVE HAWAIIAN, AND PACIFIC ISLANDER COMMUNITIES

Asian Americans, Native Hawaiians, and Pacific Islanders (AANHPIs) are disproportionately impacted by liver cancer. Specifically, more men are affected than women.

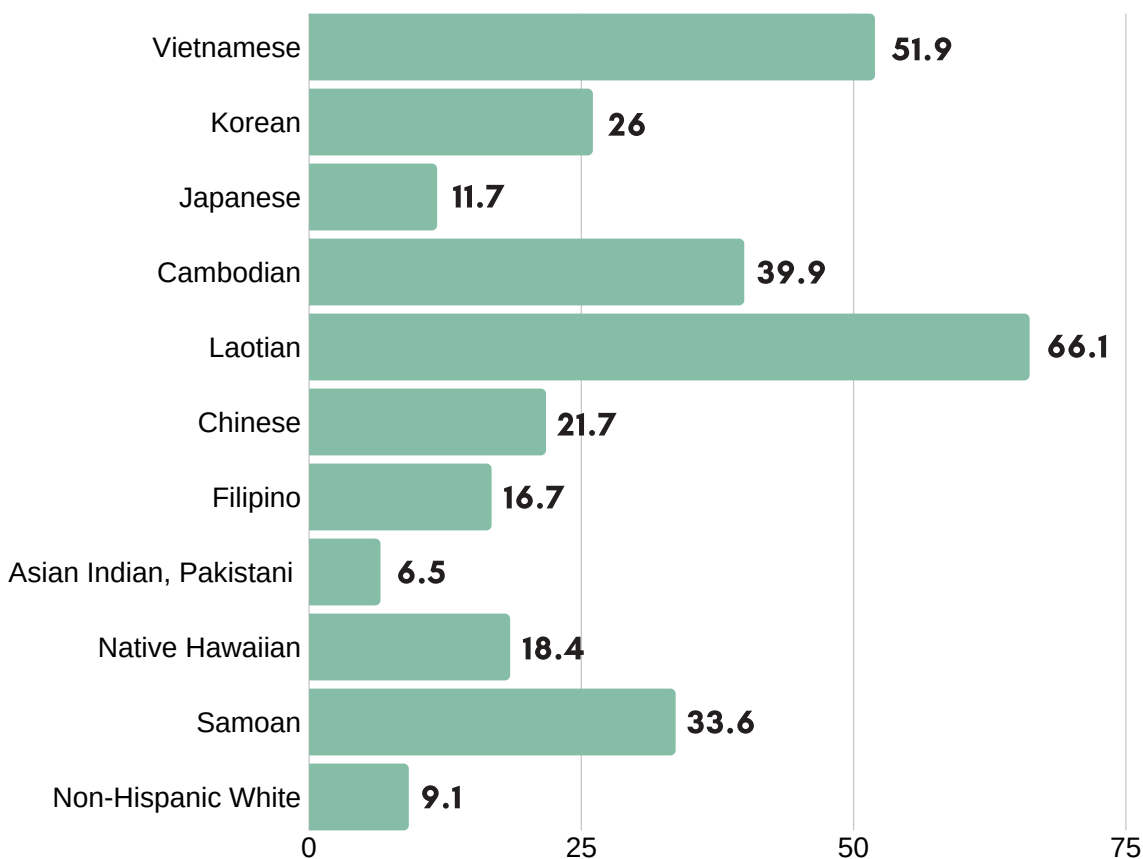
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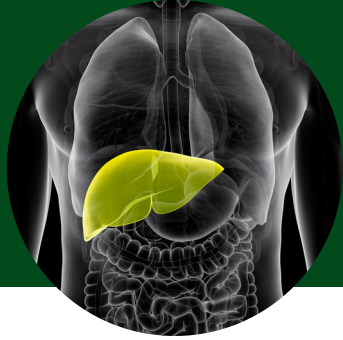
Laotian men are diagnosed with liver cancer 7 times more than Non-Hispanic White men.^[1]

Vietnamese and Cambodian men are diagnosed with liver cancer almost 6 and 4 times more than Non-Hispanic White men respectively.^[1]

AANHPI Male Liver Cancer Incidence Rates, 2006-2010^[1]

(Cases per 100,000)





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Hepatitis and Liver Cancer

- Chronic infection with hepatitis B or C is the strongest risk factor for liver cancer.^[2]
- Hepatitis B is not usually screened for in regular check-ups, and alarmingly most people do not know they are infected with hepatitis B.

HALF of people in the U.S. who have hepatitis B are Asian American, Native Hawaiian, or Pacific Islander.^[3]

How to Reduce Risk^[2]



Get tested for hepatitis B and C

Ask your doctor - Both can be diagnosed with with blood test. Depending on the results, seek appropriate treatment. It's possible to cure hepatitis C with treatment, while hepatitis B can be managed with treatment to help prevent further liver damage.^[4]

Get the Hep B vaccination. Unfortunately, there is no vaccination for Hep C.



Lower alcohol and tobacco use

Drinking alcohol can lead to cirrhosis, which can lead to liver cancer. Quitting smoking will also help lower risk for other types of cancers.



Maintain a healthy weight

Obesity can increase risk for diabetes and fatty liver disease, both of which can be associated with liver cancer.

SOURCES

[1] Torre, L.A., Sauer, A.M.G., Chen, M.S., Kagawa-Singer, M., Jemal, A., & Siegel, R. (2016). Cancer statistics for Asian Americans, Native Hawaiians, and Pacific Islanders, 2016: Converging incidence in males and females. *CA: A Cancer Journal for Clinicians*, 66(3), 182-202

[2] The American Cancer Society. (2019, April 1). Liver Cancer Risk Factors. Retrieved from <https://www.cancer.org/cancer/liver-cancer/causes-risks-prevention/risk-factors.html>

[3] Hep B United. (n.d.). Hep B Facts. Retrieved October 15, 2019, from <http://www.hepbunited.org/hep-b-facts/>.

[4] Centers for Disease Prevention and Control. (2019, July 2). Hepatitis C Questions and Answers for Health Professionals | CDC. Retrieved from <https://www.cdc.gov/hepatitis/hcv/hcvfaq.htm#section4>.

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