

# *CERVICAL CANCER AWARENESS*

*LET'S SUPPORT ALL FRIENDS AND FAMILY*



**APPEAL**

Cited Sources: Asian Pacific Islander Coalition and World Health Organization (WHO): Cervical Cancer Free Future

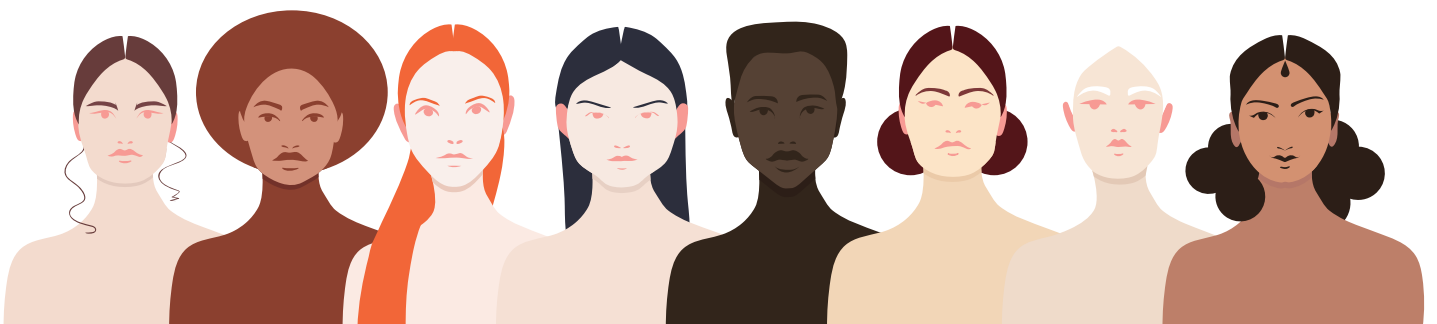
# *Cervical Cancer Education*



Cervical Cancer is a disease where the body forms an abnormal growth on the cervix.

Asian / Pacific Islander women:

- Have the 2nd highest number of cervical cancer cases
- Have the greatest number of deaths from cervical cancer
- Asian / Pacific Islander women are 5 times more likely to develop cervical cancer than other women.



# Cervical Cancer Education

## What can you do?



### Quit Smoking

Smoking weakens the immune system, making it harder for the body to fight HPV Infection.

Asian Smokers Quitline:

1-800-838-8917 Mandarin & Cantonese. 1-800-556-5564

Korean. 1-800-778-8440

Vietnamese.

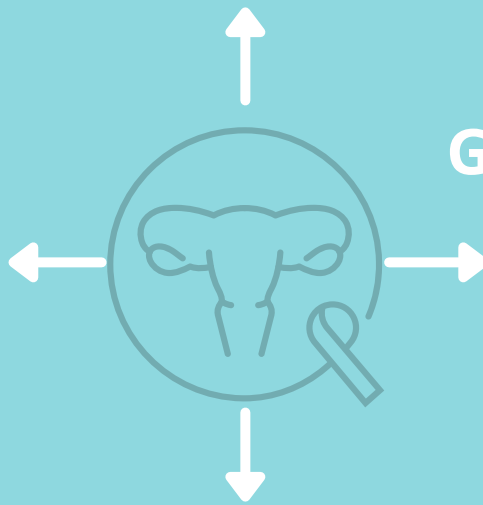
### Get Vaccinated

The human papillomavirus (HPV) vaccine is recommended for everyone ages 9-26 to protect against HPV cases that lead to 9/10 cervical cancers.



### Get Screened (Pap Smear)

Cervical Cancer is highly curable when detected & treated early.



### Practice Smart Sex

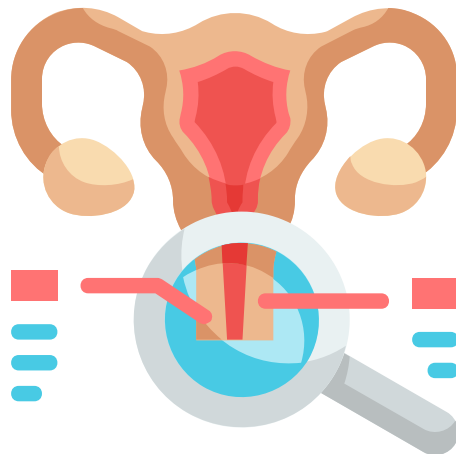
Use protection and talk to your sexual partner; anyone who has ever had anal, vaginal, or oral sex can get HPV.



# *Together we can tackle Cervical Cancer!*

## ***Get Screened!***

- Pap Smear test looks for abnormal changes on the cervix
- HPV tests look for HPV virus that can cause cervical cancer



## ***When Should People get screened ?***

- Age <21: no pap smear test
- Age 21-29: Pap smear every 3 yrs No HPV test
- Age 30-65: Pap smear test every 3 years w/o HPV test or every 5 yrs w/ HPV test
- Age >65: No pap smear test if previous tests were normal

# *Benefits of getting Cervical Cancer Screening*

**93**

As many as 93% of cervical cancer could be prevented by screening and HPV vaccination.

**85**

If cervical cancer is found and treated early, the chances of survival is more than 85%.

**70**

Screening every 3 years can reduce your risk of cervical cancer by 70%.