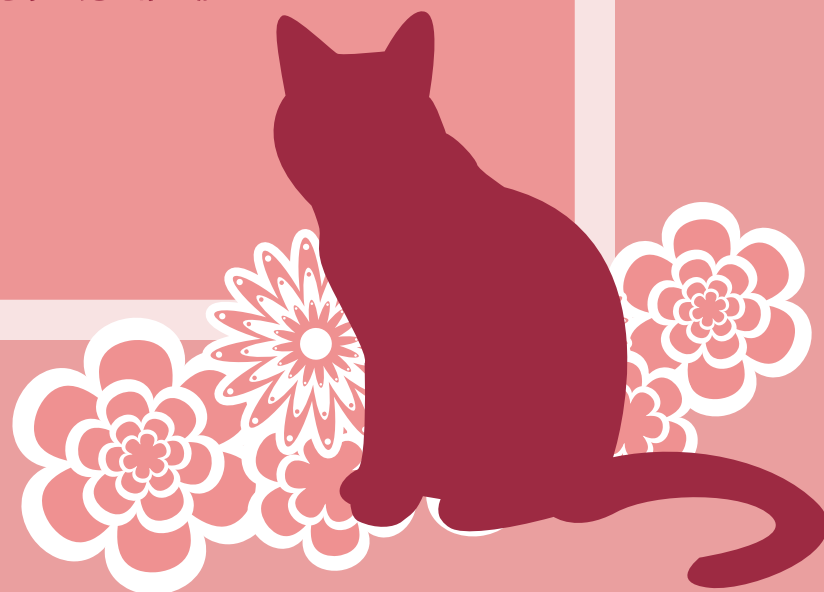
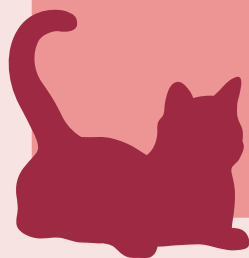


SPRING INTO THE NEW YEAR
WITH A HEALTHY MINDSET
LIVE SMOKEFREE!

**ASK ABOUT CESSATION FOR A
HEALTHY LIVING CELEBRATION**

Because ... Everyone deserves a fair and just
opportunity to be as healthy as possible, no matter
where people live, work, or learn.



Asian Pacific Partners for Empowerment, Advocacy, and Leadership
Learn more at appealforhealth.org



APPEAL



Lung Cancer in Asian Americans (AAs), Native Hawaiians (NHs), and Pacific Islanders (PIs)

Asian Americans (AAs), Native Hawaiians (NHs), and Pacific Islanders (PIs) communities deserve strong protections against the harmful effects of commercial tobacco and smoking.

Smoking increases your chance of getting lung cancer.

Cancer is the leading cause of death among Asian Americans, Native Hawaiians, and Pacific Islanders (AANHPIs) living in the United States, accounting for 27.2% of all deaths. [1] [2]

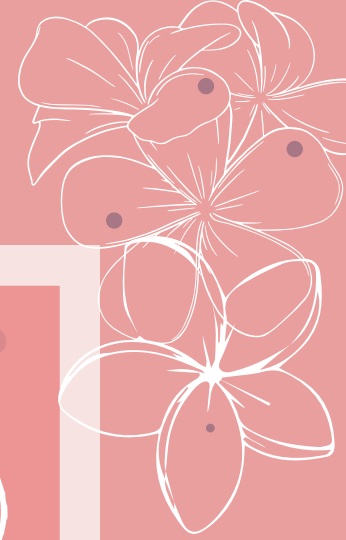
Lung cancer is the most common cancer for both AANHPI men and women.

Between 80-90% of lung cancer deaths in the U.S. are caused by cigarette smoking [3]

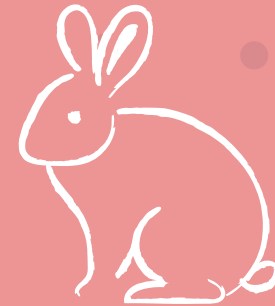


Ask Your Healthcare Provider About Tobacco Cessation and Lung Cancer Screening Today





Lower Your Risk for Lung Cancer



**Active smoking and secondhand
smoke increase lung cancer risk.
Talk about quitting to reduce risks**

**Talk to your healthcare provider
about lung cancer screening and
early detection**



Screening Saves Lives

**Ask Your Healthcare Provider About Tobacco
Cessation and Lung Cancer Screening Today**





Screening Saves Lives

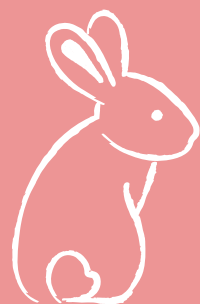
LUNG CANCER SCREENING

Annual screening for lung cancer with low-dose computed tomography (LDCT) is recommended in adults aged 50 - 80 years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. [4]

Early detection may help treatment work better. Since the LDCT involves exposure to a low-dose of radiation, patients should speak with their doctors about risks.

To learn more about tobacco risks to Asian Americans, Native Hawaiians, and Pacific Islanders, please visit <https://www.cdc.gov/tobacco/health-equity/anhpi/index.html>

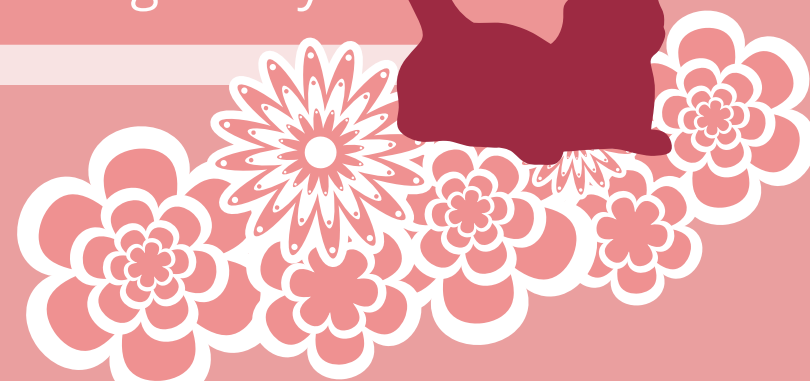
To find more information on lung cancer, visit https://www.cdc.gov/cancer/lung/basic_info/



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Healthy Equitable Tobacco-Related Cancer Policy: [5] [6]

-  Having comprehensive smoke-free policies (multi-unit housing, buildings, work and school campuses, and events)
-  Encouraging healthcare systems to adopt cessation measures and tobacco screening during patient visits and in the electronic medical record
-  Creating health provider policies around lung cancer prevention, screening, and treatment
-  Increasing availability and access to culturally and linguistically appropriate quitline and cessation materials and counseling
-  Providing funding for leadership development in tobacco control and tobacco surveillance and disaggregated data research for AAs, NHs, and PIs

Talk to your community leaders about embedding policy.



Help us promote better commercial tobacco prevention and control through interventions, policies, and programming that uplifts community rights to protection and health.

Sources:

- [1] Torre, L.A.; Golding Sauer, A.M.; Chen, M.S.; Kagawa-Singer, M.; Jemel, A.; and Siegel, R.L. Cancer Statistics for Asian Americans, Native Hawaiians, and Pacific Islanders, 2016: Converging Incidence in Males and Females. *CA Cancer J Clin* 2016;66:182-202. American Cancer Society.
- [2] Data is from A customized database from the SEER 11 registries <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5325676/>
- [3] CDC website site. https://www.cdc.gov/cancer/lung/basic_info/prevention.htm Accessed 10 January 2023.
- [4] USPSTF website. <https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/lung-cancer-screening> Accessed 10 January 2023.
- [5] CDC website site. <https://www.cdc.gov/tobacco/stateandcommunity/guides/pdfs/2014/comprehensive.pdf> Accessed 10 January 2023
- [6] CDC website site. <https://www.cdc.gov/policy/opaph/hi5/tobaccointerventions/> Accessed 10 January 2023

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